



# KALYANI SPECIALITY DENTAL CLINIC



Here is where your presentation begins



- 
- **OUR TREATMENTS ARE:**
  - **ROOT CANAL TREATMENT**
  - **METAL CERAMIC CROWNS**



# ORAL HEALTH AND YOU

## ORAL HEALTH PROGRAMME





# Why do we need our teeth?

## Eating:

To chew our food.

Can you imagine trying to eat an apple, carrot or peanuts without teeth?

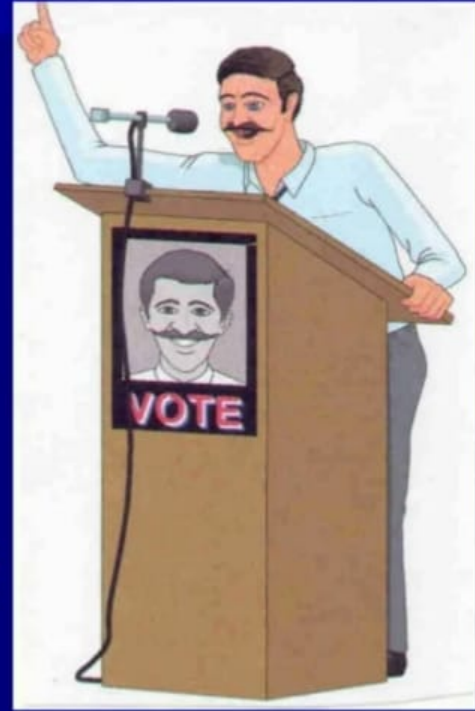




# Why do we need our teeth?

## Talking

If we didn't have teeth, we wouldn't have any place to put our lips and tongue when we try to speak





Why do we need our  
teeth?



Smiling

Smiling  
makes us  
look good  
and feel  
good!



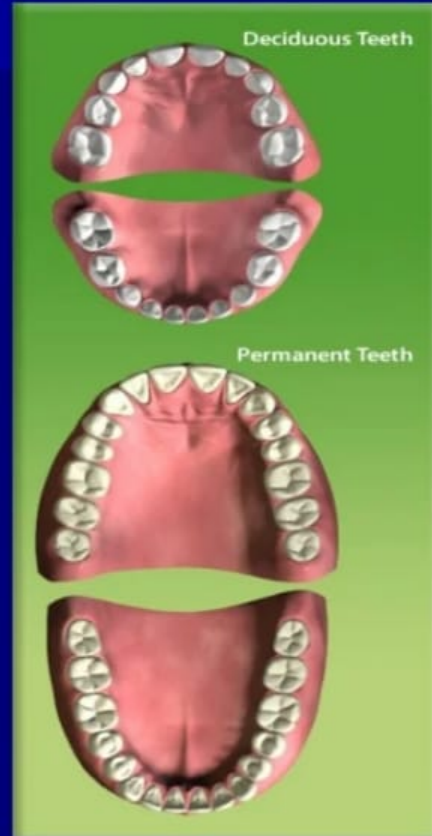
How many sets of teeth do we have in our lifetime?

Milk Teeth :  
20 in number

Permanent

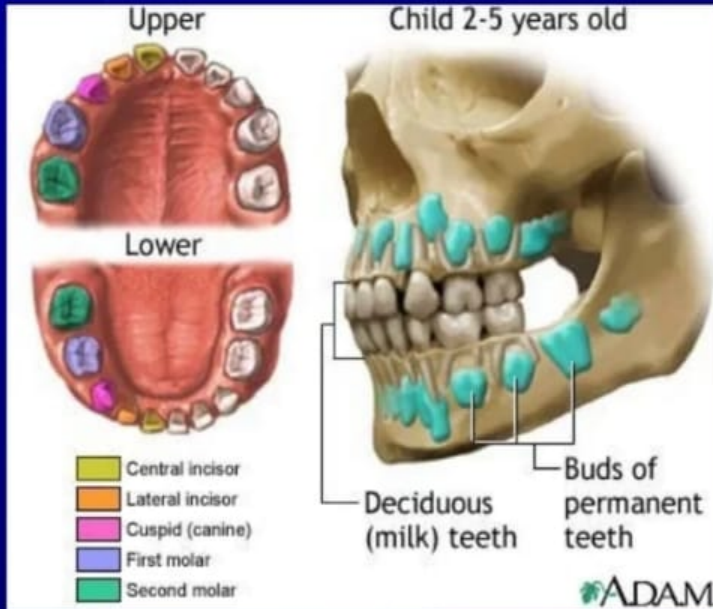
Teeth:

32 in number





# Why are your milk teeth important?



They act as  
**SPACE  
SAVERS** for  
permanent  
teeth.





# What is the structure of tooth ?

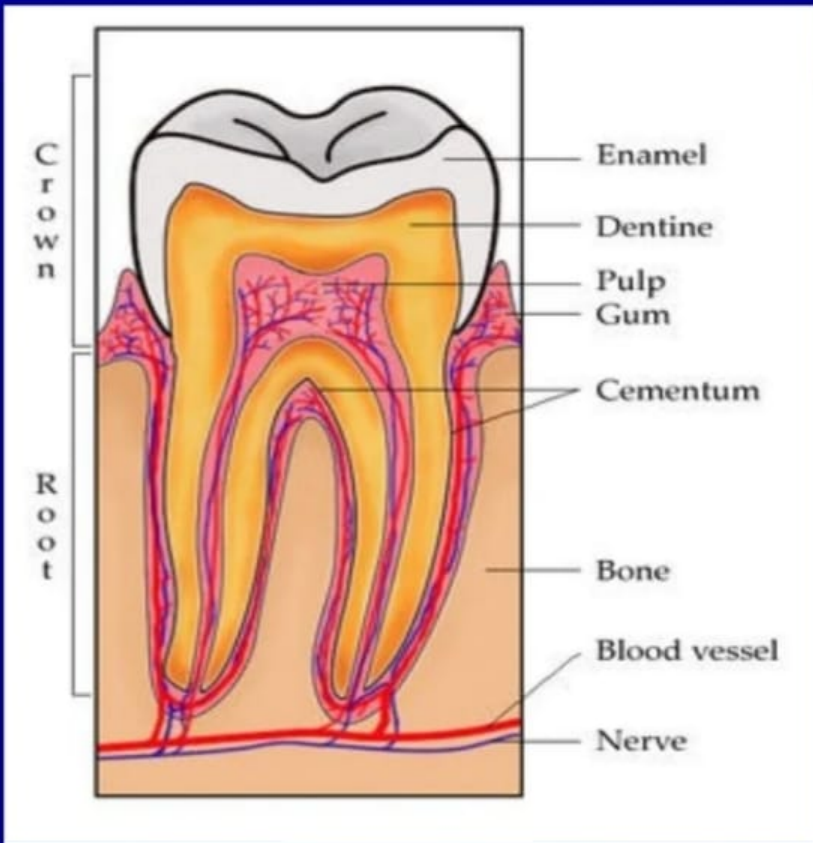


CROWN



ROOT

# What is the structure of tooth ?





- Which are common oral health problems ?
- Which are their common signs ?
- What can we do to prevent these oral diseases ?



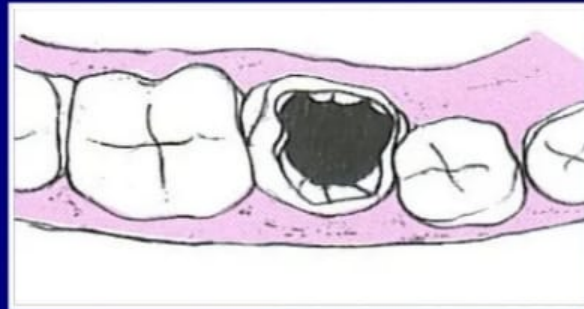
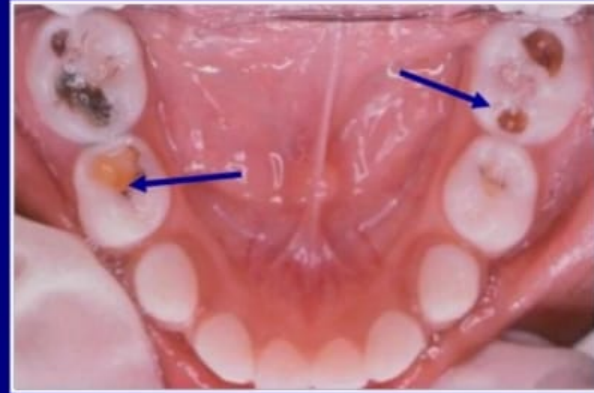


# What is Tooth Decay or Dental Caries ?

Brown or black mark on the tooth



Formation of a hole or cavity in the tooth





# How does tooth decay occurs ?

BACTERIA



FOOD PARTICLES



TOOTH SURFACE



# How do bacteria stick to the tooth surface ?

Bacteria live in



Slimy transparent layer

layer

on the tooth



Plaque



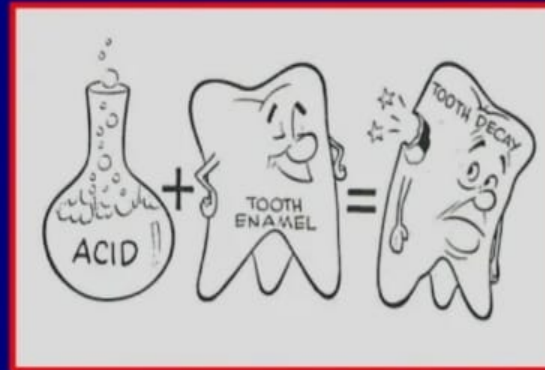
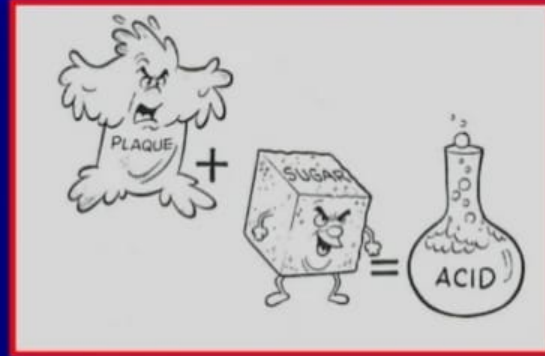


# How does plaque causes tooth decay ?

Bacteria in the plaque turns food particles on the tooth into **ACID**



**ACID** destroys the tooth's enamel & creates a **hole** or **cavity**





# How does dental caries progresses ?

Initial attack of acid

Brownish or black  
discoloration of teeth

Cavity or a hole in the  
tooth

Usual complain is of food  
lodgment





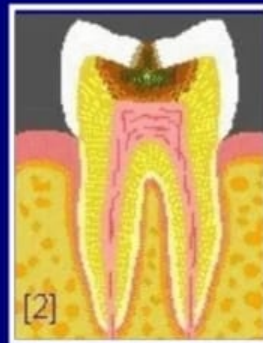


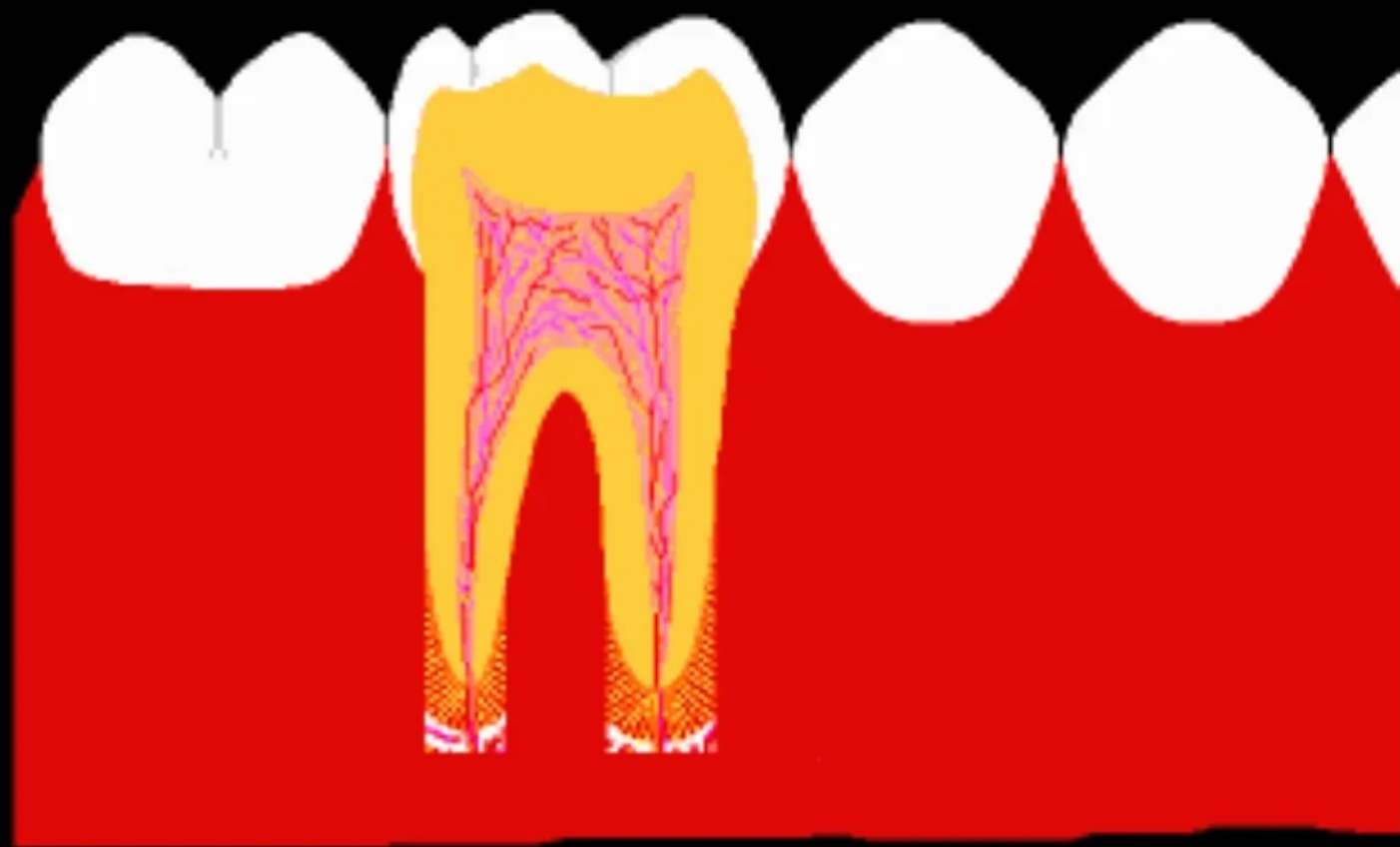
# How does dental caries progresses ?

Deepening of hole up to dentin



Usual complain is of sensitivity to hot, cold, sweet & sour





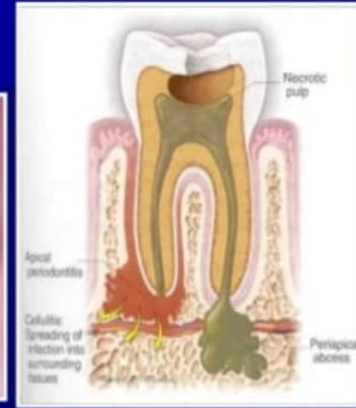


# How does dental caries progresses ?

Involvement of pulp

Abscess formation

Usual complain is of pain & swelling



# What does your dentist do when you have dental caries ?



AMALGAM FILLING



TOOTH COLOUR  
FILLING



# What does your dentist do when you have dental caries ?

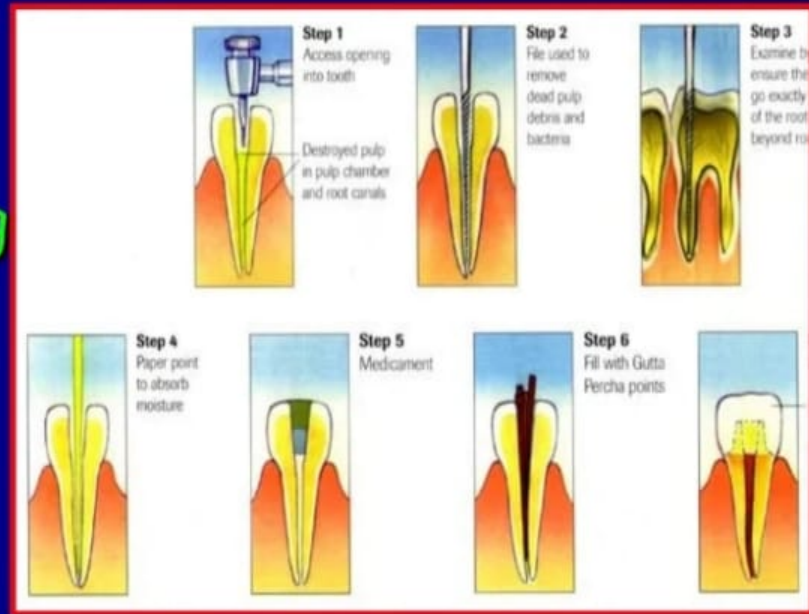
Gross caries



Pain & swelling



Root Canal Treatment





# What are Gum Diseases ?

- **PLAQUE** accumulation



Bacteria present in plaque  
form toxic substances

- Plaque hardens to form



**TARTAR**





# What are the common signs of Gum Diseases ?

Earliest sign is bleeding from gums during brushing



Gums may swell, become soft & bleed even on slight touch



Sometimes gums may recede from its position



## Supports of Tooth





# What is Pyorrhea ?

Pocket formation  
around tooth



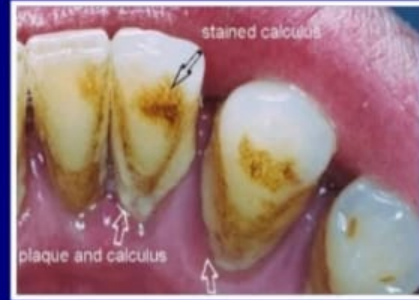
Patient may complain  
of bleeding, itching  
sensation, dull  
constant ache,  
increased hot & cold  
sensitivity & even  
tooth mobility





# What does your dentist do when you have tartar ?

Dentist cleans the hard deposits on your tooth with the help of special instruments





# What is Malocclusion ?

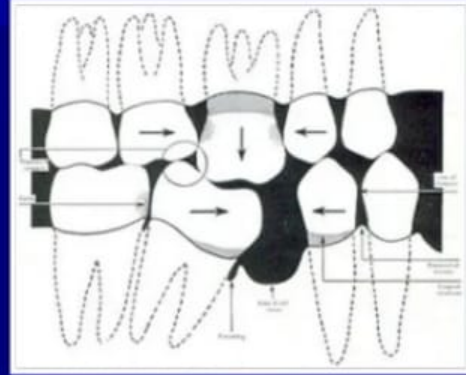
Excessive crowding  
or spacing between  
the teeth; the  
teeth may be  
placed abnormally  
forwards or  
backwards or  
abnormally rotated





# What are the causes of Malocclusion ?

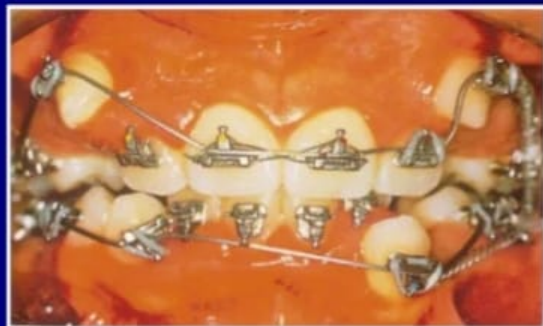
- Premature loss of milk teeth due to caries or other reasons
- Bad oral habits like thumb sucking, tongue thrusting & lip biting





# What does your dentist do when you have irregular teeth ?

Can be treated by using wires which are called braces by a specialist called orthodontist



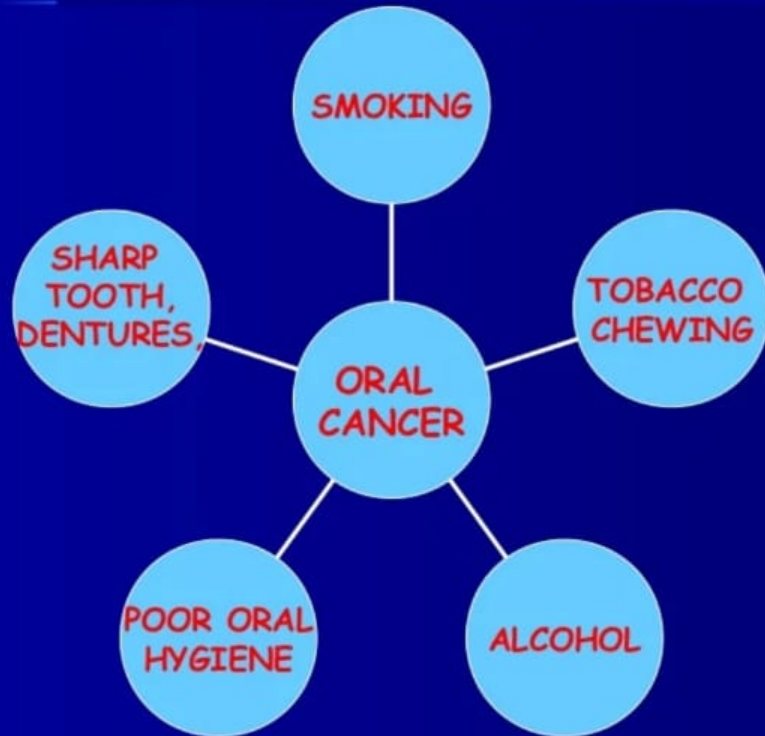
# WISDOM TOOTH

What happens if a  
wisdom tooth erupts  
according to its own  
WISDOM?





# What are the common causes or risk factors for oral cancer ?

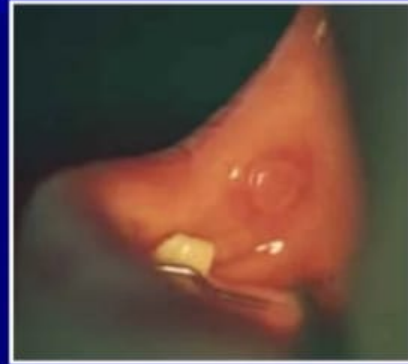






## What are the common signs & symptoms of oral cancer ?

- Persistent non-healing ulcer
- White or red raised patch in the mouth





## What are the common signs & symptoms of oral cancer ?

- Soreness or a feeling that some foreign object is caught in the throat
- Numbness of the tongue or other areas of the mouth



# What are the common signs & symptoms of oral cancer ?

- Restriction in the mouth opening



- A lump or growth in the mouth





# Types of oral cancer

- Lip Cancer



- Cheek Cancer





# Types of oral cancer

- Cancer of the tongue
- Cancer of the palate



All Tobacco Products are



**Harmful**







## How can we prevent these common oral health problems ?

- Brushing & flossing your teeth regularly
- Developing healthy food habits & avoiding snacks in between meals
- Restriction or stoppage of various tobacco related habits and alcohol
- Regular dental visits







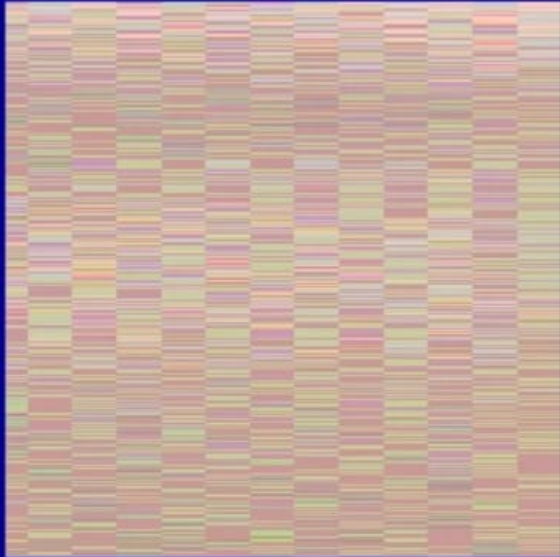
# Why do we brush our teeth ?

- Brushing teeth is one of the most effective ways of removing plaque from the surfaces of your teeth





# When should you brush your teeth?

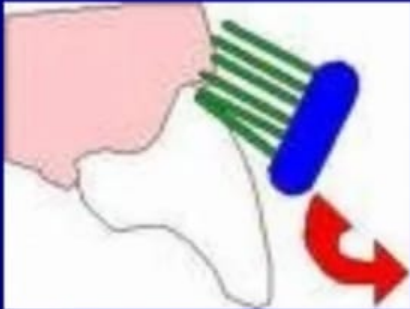


- After breakfast
- At bedtime



# What is the correct method of brushing your teeth ?

- A rotatory movement is better than a long push & pull movement





## What is the correct method of brushing your teeth ?

- An effective brushing cleans every exposed tooth surface in a gentle massaging motion



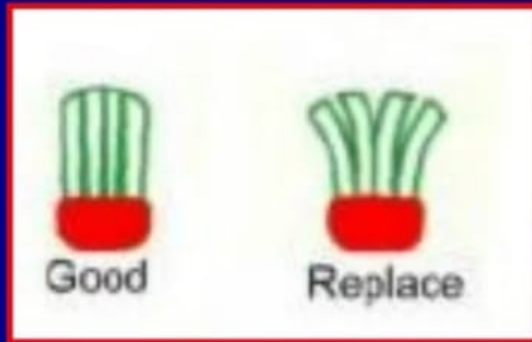
What is the **correct** method of brushing your teeth ?





# What is the correct time to change your brush ?

- Change your tooth brush after every 3 month period





## What is dental floss ?

- Dental floss is a thread of nylon which is used to clean areas in between the teeth which can not be reached easily by brushing alone





## Floss is the boss

- Flossing combined with the brushing is the only way to clean the teeth and prevent cavities as well as gum diseases







Both tooth decay and gum disease can be prevented by you..

By investing only  
six minutes a day  
That's two minutes  
twice each day  
spent on brushing  
and two minutes  
once a day for  
flossing.





What is the importance of  
tongue cleaning ?



# Importance Of Using Mouthwashes



# HOW FLUORIDES ARE USED ?





Which are unhealthy food ?



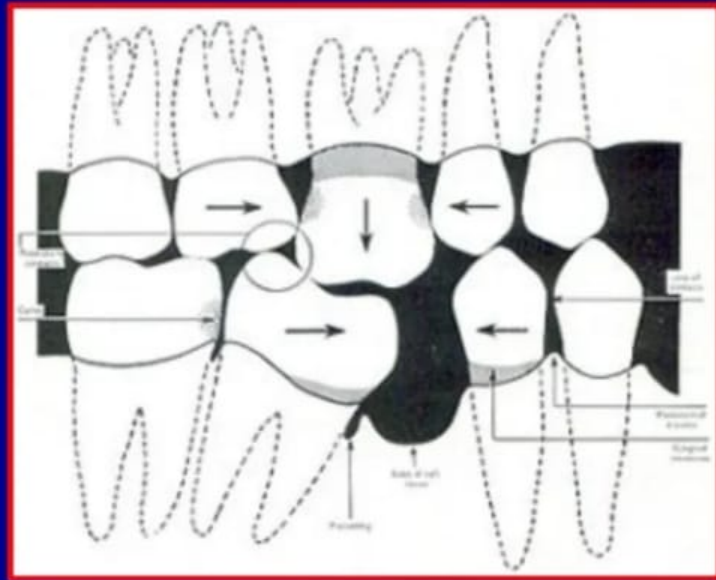


Which are healthy food ?





# Why replacement of missing teeth is necessary ?





# How missing teeth can be replaced ?



Removable partial  
denture



Fixed partial  
denture





# How missing teeth can be replaced ?



Complete Dentures



# What would you do if a tooth is knocked out ?

- Rinse off any debris gently with saline or milk
- Hold tooth by crown only
- **DO NOT** touch, rub, clean, or scrub the root
- Transport the tooth in milk or saline
- Report to the dentist as soon as possible





Do you know that.....

Your oral health can  
affect your overall  
health.

YES

But how ????





Your oral health contributes  
to your overall health

And by practicing  
good oral hygiene  
habits you can  
help prevent  
tooth decay, gum  
disease and  
possibly some  
serious health  
issues.





What is the importance of regular dental visits ?





HAVING  
HEALTHY  
FOOD IS NICE,  
BUT DON'T  
FORGET TO  
BRUSH TWICE



**THANK YOU KALYANI  
SPECIALITY DENTAL CLINIC**